# SJC CONSULTING SERVICES

\_\_\_\_\_ 60 IS THE NEW 40 \_\_\_\_

#### AGING DEMOGRAPHIC AND HOUSING AT A GLANCE

- Over 1.2 million Bay Area residents are currently at age 65 or older, and this demographic grew 8.7% between 2020–2023, making it the fastest-growing age group in the region.
- By 2030, that number is expected to reach 1.6 million.
- In general, market-rate senior housing models have been challenged with sustainability: top-heavy management, licensing oversight from government agencies, amenities taking up 25% or more of the total square footage, growing labor shortage, and rising costs in wages and healthcare.
- 1BR units in new construction cost **\$10K-\$15K+/month**, driven by staff-heavy operations. These costs are **out of reach for most middle-class boomers**, especially those on fixed income who do not need the services such as meals and housekeeping.

#### THE GAP IN THE MARKET

There is a high demand from active, middle-income boomers for alternative housing models that:

- Offer financial flexibility and affordability
- Prioritize location and convenience over bundled services
- Pivot from institutional or care-driven environments
- Invest in social programming, not in underutilized amenities

Active Adult housing, also known as Age-Restricted for 55+, has emerged as a compelling solution:

- Lower operating costs through reduced amenities and lighter staffing
- Faster fill-up rates due to broader market appeal
- Strong IRR distribution (Market Risk-Adjusted)

Data Centers, 9.3%
Senior Housing, 8.3%
Strip Centers, 7.6%
Self-Storage, 7.4%
Apartment, 7.3%
Lodging, 7.0%
Industrial, 6.8%
Single-Family Rental, 6.7%
Office, 6.1%

SJC Consulting Services | 325 Berry St. #408, San Francisco, CA 94158 | 415.290.4443

- 80% of the occupants need to be 55+, no low income unit requirement (Housing for Older Persons Act, 1995\*) \*Local regulations may vary
- Short supply, rising demand: Only 18% of 2M+ senior housing units nationwide are in the Active Adult category\*\* \*\*NIC MAP data, 2022 - 2024
- Inventory is scarce on the west coast, no known project applications in the Bay Area

#### HOW WE WORK WITH OUR PARTNERS AND CLIENTS:

With over 15 years of senior housing development experience, SJC Consulting works with civil leaders, investors, developers, builders, operators and architects to:

- Identify viable project opportunities for your pipeline
- Translate market trends into actionable housing concepts
- Consult **from early stages of application through development** to align your project with evolving consumer demand

## SJC CONSULTING SERVICES:

## • Initial Strategy Sprint (2 sessions)

Custom workshops to provide industry education, review site and market opportunity, and outline development concept for potential projects

#### • Advice on Concept and Design

Detailed feedback on building design, unit mix, services, and programming through a consumer and operator's lens

## • Collaborative Partnership and Support

Ongoing consultation from planning, entitlement, investor relations through pre-sales and marketing strategies and execution

## LET'S BUILD ON THE FUTURE OF AGING

Middle-class boomers are looking for financially and socially viable alternatives aside from aging at home or moving into an institutional full-service model. The demand is real, and the market will continue to grow.

**SJC Consulting Services** is ready to join you with insight, experience, and the drive to success. Let's talk about this emerging market and the opportunity to make a difference in housing for the aging.

Staci Chang SJC Consulting Services <u>ccstaci@gmail.com</u> 415.290.4443